

# **CONSUMERS VINEGAR AND SPICE CO., INC.**

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VINEGARS  
BURMA BRAND SPICES  
INGREDIENTS

DEHYDRATED ONION  
DEHYDRATED GARLIC  
DEHYDRATED VEGETABLES

## NUTRITIONAL ANALYSIS FOR CIDER VINEGAR 50 GRAIN

### PER 100 GRAMS

WATER .....	95 g
FOOD ENERGY .....	17 KCal
PROTEIN.....	0 g
FAT .....	0 g
CARBOHYDRATES.....	<1 g
ASH.....	<1 g
CALCIUM .....	5 mg
PHOSPHORUS .....	10 mg
IRON.....	<1 mg
SODIUM.....	6 mg
POTASSIUM.....	100 mg
VITAMIN A .....	<1 IU
THIAMINE.....	<1 mg
RIBOFLAVIN .....	<1 mg
NIACIN.....	<1 mg
VITAMIN C .....	<1 mg
DIETARY FIBERS .....	0 mg
SUGARS.....	<1 g